## HIGH MYOPIA (minus power)



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People who have minus number glasses more than 6 diopter in power are said to have high or pathologic myopia. The eyeball in such patients is enlarged leading to thinned out coats or outer covering of the eyeball so the central area may be very weak (chorioretinal degeneration) leading to poor vision. The retina in these eyes is weak in the periphery also and usually has some degeneration, atrophic holes, or even retinal tears. These retinal holes or tears may sometimes lead to a serious condition of retinal detachment, leading to sudden loss of vision, and may require major surgery urgently to settle the retina.

So a regular retinal check up is very essential in these patients to look for the holes and to treat them with laser or else they might lead to a retinal detachment, which needs surgery. Also, whenever the patient with high number develops symptoms like flashes or floaters, he/she must immediately get the eyes examined to look for retinal hole, tear or retinal detachment.



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